## <u>Put on Your Eatin' Pants Turkey (An Amazing Turkey for the First Timer), Susan Lynch, Mennonite</u> <u>College of Nursing</u>

Ingredients1 Medium Apple, quartered1 Turkey (I usually use a 22 lb. turkey for1 Medium Onion, quartered

this recipe) 1 whole clove of Fresh Garlic, sliced

1 Stick Butter Fresh Thyme
Kosher Salt Fresh Rosemary
Fresh Ground Pepper Cinnamon Stick

Dried Thyme 2 Cartons (32-oz.) - Chicken Broth

Dried Rosemary Twine
Garlic Powder Corn Starch

4-6 C - Water **Directions** 

1. Preheat oven to 450.

- 2. Pull out the bag of giblets from inside the turkey. Place the turkey on top of a rack inside a large roasting pan.
- 3. Combine water, apple, onion, garlic, thyme, rosemary, and cinnamon stick in microwave safe bowl. Microwave for about 3 minutes and set aside.
- 4. Melt the stick of butter and brush over the entire turkey.
- 5. Season turkey with kosher salt, pepper, dried thyme, dried rosemary, and garlic powder.
- 6. Scoop apple, onion, garlic, thyme, rosemary, and cinnamon stick from water and stuff inside the turkey.
- 7. Tie turkey's legs together with twine.
- 8. Pour 1 entire carton of chicken broth into the bottom of the roasting pan, along with about half of the remaining water.
- 9. Put turkey in the oven at 450 for 20-30 minutes.
- 10. Remove turkey from oven and turn the oven down to 350. During that time, cut a large piece of aluminum foil and fold it into a 2-dimensional triangle. Place it on top of the turkey.
- 11. Put turkey back in the oven.
- $\square$  For an 18-22 lb. turkey, bake for 3.5 4 hours.
- $\boxed{2}$  For a 22-24 lb. turkey, bake for 4 4.5 hours.
- 12. Check the turkey once an hour, using the liquid in the bottom of the pan to baste the turkey.
- 13. Remove the turkey from the oven, move it from the rack onto serving platter and let rest.

## **Notes**

To make gravy, put the roasting pan over 2 stove burners on low. Bring to a slow boil. Strain out "floaters" and add seasonings if needed. To thicken, combine 2 tbsp. of cornstarch with cold water in small bowl, mix thoroughly, and add to liquid in roasting pan.